



Arbroath Smokies	£11.00 / kg
Bream	£24.00 / kg
Broken Fish	£ 8.00 / kg
Cod	£18.00 / kg
Cod Roe	£17.00 / kg
Coley	£12.00 / kg
Dressed Crab	£ 5.50 each
Finnan Haddock	£ 12.00 / kg
Fish Cakes – Cod	£ 0.50p each
Fish Cakes - Smoked Haddock	£ 1.00 each
Grey Sole	£18.50 / kg
Haddock	£18.00 / kg
Hake	£16.00 / kg
Halibut	£30.00 / kg
Herring	£14.00 / kg
Kippers (boneless)	£14.00 / kg
Kippers (+ bone)	£11.00 / kg
Lemon Sole	£30.00 / kg
Langoustines	£15.00 / kg
Mackerel Smoked	£14.00 / kg
Mackerel (Fresh)	£14.00 / kg
Monkfish filleted	£30.00 / kg
Mussels (fresh in shell)	£ 5.50 / kg
Plaice	£18.50 / kg
Pollock	£14.00 / kg
Salmon fillet	£22.00 / kg
Salmon (whole)	£13.00 / kg
Scallops (fresh)	£31.00 / kg



Sea Bass fillet	£22.00 / kg
Smoked Haddock	£18.00 / kg
Smoked Salmon (sliced)	£32.00 / kg
Smoked Salmon (whole side)	£30.00 / kg
Hot smoked salmon	£32.00 / kg
Squid	£15.00 / kg
Swordfish	£20.00 / kg
Trout fillet	£18.00 / kg
Tuna steak	£25.00 / kg
Turbot	£30.00 / kg

Salmon, sea bass, sea bream and trout are all farmed fish.

Fresh mussels are Shetland farmed.

Fresh prawns, crab and lobsters are caught locally in East Lothian.

Haddock, sole, grey sole, monkfish and halibut are all from the Rockall area.

Tuna is from the Indian Ocean.

Kippers, smoked mackerel, fish cakes and yellow smoked haddock all contain dye. Natural kippers and natural smoked haddock do not contain dye.



Mussels (small)	£ 1.30 each
Mussels (large)	£ 4.00 each
Marinated Herring	£ 4.50 each
Smoked Mackerel Pate	£ 3.00 each
Smoked Salmon Pate	£ 4.00 each
Tin of Crab Meat (blue tin)	£11.00 each
Baxter's Sliced Beetroot (340g)	£ 1.75 each
Colman's Tartare Sauce	£ 1.65 each
HP Brown Sauce (285g)	£ 1.75 each
Heinz Tomato Ketchup (342g)	£ 1.80 each
Sunflower Oil (1 litre)	£ 2.25 each
Vegetable Oil (1 litre)	£ 2.20 each
Soups	£ 1.30 each
Batter Mix	£ 1.00 each
Bag of Dressing	£ 1.00 each
½ dozen Eggs (Free range in boxes)	£ 2.00
½ dozen Chester eggs (on trays loose)	£ 2.00
Vinegar bottle	£ 1.20
Garden peas (tin Happy Shopper)	£ 0.65p

**PLEASE NOTE FISH DRESSING CONTAINS ALLERGEN: GLUTEN AND WHEAT FLOUR**